

Foreword

*There is nothing more powerful,
than an idea whose time has come.*

Victor Hugo

I first met Dr Nicolas Proupain when he attended his initial seminar of mine in November 1996. Since then I have had the privilege of watching him socially ascend in stature with his many accomplishments.

He is an inspired visionary, a Doctor of Chiropractic, a humanitarian and a writer who has since then authored many books. He is also an international speaker and seminar leader who has appeared on or hosted numerous radio talk shows and has been published in many international magazines on the economy and entrepreneurship. His work has influenced millions of people and it's inspiring to see that he is now also influencing national political leaders. I have been researching and educating since 1982 in over 60 countries as an entrepreneur and a human behavior specialist. I have witnessed tens of thousands of people experience many personal breakthroughs, during which I have also seen them access greater achievement potentials, not only physically, mentally and spiritually, but in all areas of their lives as they entered into a very special state that the author has named in this book, The Inner State. By accessing this special and more illuminated Inner State, people have obtained higher levels of achievement, fulfilment and wealth, and have become more

autonomous from their parents, or peers and even from large protective parental like corporate or institutional structures. In fact, they have become more self-sufficient and empowered. This book presents a vision that is as inspiring as it practical, as it demonstrates a unique new way to give access to that Inner State now to the many.

Today the vast majority of people are feeling that they are missing out on expressing their greatest potential in life and what they can do with it on the planet. This perception gives rise to a lot of frustration individually and collectively and creates many symptoms in our current personal and social economics, not to say our spiritual and ecological standards. As a result, many if not most of these areas are going through crises. So many people are ready for, expecting and in some cases demanding a profound change. But what if this expected change was to start happening from within every one of us as Nelson Mandela envisioned? As this book underlines, although people from right and left wing government positions propose answers, today we can see that these answers do not fully fulfil the truest and deepest needs of the people: **to have meaning and purpose of their life.**

Nicolas proposes 8 new human rights in order to awaken an inner calling within everyone, to start a new global dynamic. They are practical, yet profound in helping us all answer those deeper and more essential and meaningful questions. And if you want to see how the world would look like if we all implemented those rights, Nicolas finishes with a short novel that answers the question **"What would happen if we could help everyone gain access to their most inspired and meaningful purpose, as a new Human right?"** It's an inspiring vision and one that I am grateful to be part of.

Whether you are a student, or a politician, a doctor, or a parent, you can align your efforts toward such a common and purposeful collective goal. To participate in such a worldwide evolution, we need new paradigms that open up to new standards, those beyond just old theories. It is about embodying that Inner State individually that can make such a global difference. From this embodiment we can birth a new global culture, in which everyone who enters that special Inner State, can build the first global nation of inspired people: The Inner State.

With this book you are about to discover a great cause and vision that you can participate in, one which can influence the world and one that can impact the evolution of human consciousness. You can also begin this social transformation by joining The Inner State website www.theinnerstate.global as a citizen of this new global nation, a civilisation of future stars.

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educator, human behavior specialist and
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